8-14 Bishop Street Derry~Londonderry BT48 6PW

T: (028) 71266291 **E:** info@fwin.org.uk

W: www.fwin.org.uk

January 2019



Foyle Women's Information Network Invite you to

FWIN's Annual Conference 2019

#Balance for Better

Better the balance, better the world!

The Guildhall

on

Monday 11th March 2019 9.30am-1.30pm

Mayor's welcome & refreshments - Lunch included

Something for everyone – Speakers, Music, Wellness & Dance – details to follow.

RSVP by Monday 25th February 2019

Email: info@fwin.org.uk or Telephone: (028) 7126 6291 or (028) 7126 1941

Funded by The Executive Office, T:buc

FWIN Forthcoming Events

FWIN receives funding from DFC, The Executive Office T:buc, DFA, Halifax & Big Lottery.

Date	Event	Details
Wednesdays 16 th Jan-3 rd April 2019	Crochet Crafting Class	10.30am -12.30pm, Holywell (£2.00)
21 st January-25 th February 2019	Upcycling Crafting Course	10.30am-12.30pm, Holywell (£2.00)
29 th January 2019	Bingo Fundraising Event	7.00pm-10.00pm, Holywell (£10.00) BYOB
Wednesdays 6 th Feb-27 March 19	Computer Classes – Spaces are limited.	10.30am-12.30pm, Holywell
Friday 8 th February 2019	Travel Around the World with FWIN: Asia	10.30am -12.30pm, Holywell
Friday 15 th February 2019	Travel Around the World with FWIN: Intercultural Celebration	10.30am -12.30pm, North West Migrants Forum, 10 Fountain Street, Derry~Londonderry. Followed by lunch.
11 th March 2019	FWIN Annual Conference 9.30am-1.30pm. Lunch included. Registration 9.30am	
21 st March 2019	Bus Trip to Stormont	10.00am-7.00pm, Bus Departing the Diamond sharp 10.00am.

To book a place or for further details contact Foyle Women's Information Network, **Email**: info@fwin.org.uk or **Telephone**: (028) 7126 6291 or (028) 7126 1941.



FWIN Christmas Craft



In December, FWIN hosted our annual Christmas Craft event, and we were delighted with the strong turnout on the day!

From Christmas cards to floral wreaths, decorative slates and baubles, creativity was the name of the game.

Followed by a lovely lunch and some festive songs, we all agreed that it was wonderful for friends old and new to come together and enjoy the Christmas season.

Thanks to everyone who came along!





This event was funded by the Executive Office, T:buc.

FWIN Christmas Appeal 2019 - A BIG Thank You!

This Christmas, we were once again overwhelmed by the generosity and kindness of our members and donations we received from Kids 4 Cash. We worked on this project right up until Christmas Eve to ensure all gifts were delivered. Donations were given to the St. Vincent DePaul, The Salvation Army, the Foyle Foodbank and the Social Supermarket. Many families in need were supported by this project.

Catherine Lusby, Food Club Manager, said "The kind donations from your members, without exception, brought light and happiness to the families that we support. The families were overwhelmed and appreciative of the generosity shown by FWIN and were able to give presents to their children and grandchildren".



Ella McCallion, Derry Area President of St. Vincent DePaul said, "it is extremely encouraging to receive your support, without which we could not function".

On behalf of FWIN we would like to thank all of our members for their kindness over the Christmas season and to Kids 4 Cash sponsors.

Coming Home: Art and The Great Hunger

Date: 18th January 2019 - 17th March 2019 Location: An tSeaneaglais (Glassworks)

From January 18th to March 17th 2019, An tSeaneaglais (Glassworks) will host "Coming Home: Art and The Great Hunger", the world's largest collection of famine-related art.

Ireland's Great Hunger Museum at Quinnipiac University in Hamden, Connecticut, is sending its acclaimed art collection to Ireland in 2018-19 where they have been on exhibit at Dublin Castle and Skibbereen—diametric epicenters of the Great Famine — and will be on display at An tSeaneaglais (Glassworks) in Derry in 2019.

The museum's collection, the only one of its kind in the world, constitutes an incomparable direct link to the past of almost 6.5 million Irish and 40 million Irish-American people. The death and dispersion of 2 million people, followed by a further 2 million emigrations to the end of the century, makes the exhibition an important gesture of cultural reconnection. The Irish diaspora defines Ireland's place in the world today. The impact of the Famine is still with its descendants—both at home and abroad.

The famine will be a thematic thread running through IMBOLC Festival, with performances by Green Fields of America, Declan O'Rourke and others. Alongside this, there will be talks, lectures, workshops and school projects.

For information: t: +44 2871 264132 e: eolas@culturlann.org. Open Tuesday to Saturday 10 a.m. to 5 p.m.

Public Consultation on Stalking - a Serious Concern

Come along and give us your views on our public consultation on stalking at one of our stakeholder events – register below for event available in 2 locations

Omagh Library @ 2pm on Thursday 31 January or Girdwood Community Hub, Belfast @ 4pm on Tues 12 February Department of

Justice
www.dojni.gov.uk

Stalking deeply affects those who have been victims of this type of offensive behaviour.

We want to ensure that the current law in Northern Ireland provides the best possible protection to victims of stalking so that they can live safely and without fear.

We have a public <u>consultation (https://consultations.nidirect.gov.uk/doj-corporate-secretariat/stalking-a-serious-concern/)</u> open until **21 February** – if you can't attend one of the events above please give us your views online.

Patriarchy Here and There: Transforming a Global Culture

The Junction will be hosting a Liberation from Patriarchy for Gender Justice Conference on **Patriarchy Here and There: Transforming A Global Culture** as part of their Peace 1V funded project. It will explore the challenge of transforming patriarchal systems and structures locally and globally.

The keynote speaker is Blanca Blanco, Trocaire's Resource Rights Advisor. She worked in Guatemala with the Mayan women who took the Guatemalan military to court for crimes against humanity and sexual slavery.

There will be drama and interactive group activity with the MakeyUppers, Pat Byrne (Sole Purpose Productions), Jennifer Clifford (Rainbow), and Dee Abbott and Jenny McDonald (Children in Crossfire).

Date: Thursday 14 March 2019

Time: 9.30am-1.30pm followed by lunch

Venue: Holywell Trust, 10-14 Bishop Street, Londonderry

RSVP to Maureen at **Email**: mhetherington@thejunction-ni.org **or Telephone**: 028 7136 1942 by 4 March 2019.







Trip to Belgium & The Somme 2019 and Trip to Krawkow 2019

Trip To Belgium To Visit The Local Battlefields Of Ypres and The Somme (France) & Day Trip to Brugge

MONDAY 25TH MARCH – THURSDAY 28TH MARCH 2019 £550 PER PERSON SHARING TWIN ACCOMMODATION INCLUDES:

- Hand Luggage 10kg
- Transfers To Airport & Return
- Luxury Coach Overseas
- Highly Experienced Guide Throughout Trip
- Bed & Breakfast In Ypres City Hotel
- Full Tour Day To The Somme
- Full Tour Day To Local Battlefields Of Ypres
- Day Trip To Brugge On Return Day
- 1 Luxury Packed Lunch Provided For Somme Tour Day

Contact Jackie @ International School for Peace Studies, Glendermot Road, Waterside

Telelphone: 028 7131 1005







Valued Voices Event - A Celebration Of Women Through The Troubles

28th February 2019, 10.00am-12.30pm - Hosted by the Mayor John Boyle in the Whittaker Suite,, Guildhall, Derry~Londonderry.

Speakers include: Marie Newton nee Toland, Marie Coyle, Maureen Hetherington. Other speaker TBC.

Tea, coffee and scones 10.00am & Light lunch at 12.30pm.

Email: <u>info@fwin.org.uk</u> or Telephone: 028 7126 6291 <u>or</u> 028 7126 1941.



GET STARTED WITH FASHION

Taster Day: 13th February 2019 Programme: 18th – 22nd February 2019 Contact: Katie on **07483306237**

GET INTO MARKS & SPENCERS

Taster Day: 5th February 2019 Programme: 11th February – 7th March 2019 Contact: Jennifer on **07436797325**

GET INTO LIDL

Taster Day: 20th March 2019 Programme: 25th March – 18th April 2019

Contact: 0800 842 842

ENTERPRISE PROGRAMME

Taster Day: 5th March 2019 Programme: 11th-13th March 2019

Contact: 0800 842 842

TEAM PROGRAMME

Contact: Susan on 07436797573 for more details.











Steps to Health Exercise Referral Programme

Steps to Health Exercise Referral Programme is run by Derry City and Strabane District Council with support from the Public Health Agency. The group-based exercise programme is designed to help anyone diagnosed with certain medical conditions benefit from participating in physical activity on a regular basis. For further details contact Rosie O'Brien, GP Referral Co-ordinator Foyle Arena, **Telephone**: 028 7137 6555 or **Email**: rosie.obrien@derrystrabane.com.





Community Foundation Micro Grant Programme

The Micro Grant Programme has been established in recognition and celebration of the contribution of voluntary groups and people to our society and the need for a simple application process for small amounts of funding.



Who can apply:

You do not have to have a constitution to apply to this fund.

If you're thinking about a project that does one or more of the following they might be able to help.

- Reduce isolation and vulnerability
- Focus on the positive contribution of people within the community
- Enable active participation of a community in decision-making and addressing of local issues
- Help get people engaged in taking community action where it hasn't happened before

The Foundation will not fund organisations or activities which promote causes that are contrary to our purposes. Causes and activities that are contrary to their purposes include, but may not be limited to, those outlined in their investment policy. https://www.communityfoundationni.org/micro-grant-programme

In addition, the Micro Grant Programme will not support:

- Groups with income over £30,000 per annum
- Trips outside of Northern Ireland
- Individual applications
- Purchase of vehicles
- Running costs of large organisations
- Holiday schemes
- Parties and shopping trips
- Promotion of religion or political activity
- Applications from statutory organisations

The fund is open for applications on a rolling call basis, subject to fund availability. For more info see here: https://www.communityfoundationni.org/micro-grant-programme

Building Capacity In Communities In Transition



Upcoming Events

During the first phase of this project we heard different views on how to improve the lives of people living in communities blighted by criminal gangs.

In this next phase of the project we want to help create the conditions where people with knowledge and experience within these communities can come forward and give their input into the design of submissions that we will make to The Executive Office.

The remaining session we are rolling out in the North West are detailed below and are an opportunity for all who live, work and volunteer in the Communities in transition areas to identify the outcomes they want to achieve for their area and to consider the role the community should have the delivery of practical solutions that will tackle paramilitary activity, criminality and organised crime

Each session is area specific and will focus on a particular theme identified through the first phase of the project. Please click on the links below to register to attend or alternatively phone 028 90321462 to book your place.

If the session you are interested in has already taken place please contact **Email**: cit@cooperationireland.org.

Brandywell and Creggan

Supporting Personal Transition	04/02/2019	14.00- 16:30	Ráth Mór Centre	https://www.eventbrite.co.uk/e/brandywe Il-and-creggan-supporting-personal- transition-tickets-54642697780
Addressing the Needs of Young People	31/01/2019	10.00- 12.30	St Mary's Youth Club	https://www.eventbrite.co.uk/e/brandywe Il-and-creggan-addressing-the-needs-of- young-people-registration-53722562631
Environment and Culture Event	04/02/2019	10.00- 12:30	Ráth Mór Centre	https://www.eventbrite.co.uk/e/brandywe Il-and-creggan-environment-and-culture- event-registration-53723261722

Move More NI

Living with cancer? We can help you get active.

Move More programme for people living with cancer launched in Council area Derry and Strabane District Council is the latest council area in Northern Ireland to establish an empowering physical activity



project to improve the lives of local people living with cancer. Many people living with cancer want to make positive changes to their lives, and taking steps to have a healthier lifestyle can be a big part of this.

Move More NI is funded for three years by Macmillan Cancer Support, working in partnership with physical activity providers, local councils and health and social care trusts all over Northern Ireland to provide the support that people living with cancer need to improve their fitness. Move More NI is delivered in partnership with Macmillan Cancer Support.

For further details contact Sean Hargan, **Telephone**: 07872423754 or **Email**: sean.hargan@derrystrabane.com or **Email**: movemoreni@macmillan.org.uk.

The Big Lunch 2019: Save the Date!

What is it?

January is the perfect time to tell people about The Big Lunch 2019 and ask them to save the date in their new diaries and calendars. The Big Lunch is about millions of people getting together to share food, have fun and get to know each other better. It's a simple idea - that for a few glorious hours, cars stop, shyness stops and neighbours come together in the street to meet, greet, share, swap, sing, plan and laugh.

The Big Lunch will be the first weekend in June: 1-2 June 2019, we would like people to mark their calendars and also request their brand new Big Lunch pack for 2019.

- Website: <u>www.thebiglunch.com</u>
- Order your Big Lunch 2019 pack: www.thebiglunch.com/yourpack (link tbc)
- Facebook
- <u>Twitter</u>
- Instagram
- #Hashtags #TheBigLunch



FWIN's MISSION

To increase the capacity, visibility & voice of women throughout the North West.



Get online **Stay connected**

We offer digital training

The internet has changed the way we live. It's exciting and empowering, but can also be intimidating. If you have little or no experience of being online or perhaps just want a little support, get in touch with us for help. We provide training sessions for **groups** and **individuals** and this support can be offered in a **library**, or in a **community setting**.

It can be hard to know where to start and how to navigate the massive amounts of information available. Our training programmes can be tailored so that participants get exactly what they need to become a confident user of the internet and other digital technology.

Learn about:

- computer basics
- finding information and accessing services
- email and social networking
- various tablet and mobile devices
- shopping online
- saving money
- anything else you want to know!

To book a session or for more information -

e: digitalcitizen@librariesni.org.uk

t: 07912 296801



Funded by the Department for Communities

